WHAT IS CLAIMED IS:

- 1. Method for manufacturing cold/hot elastic gel comprising steps of:
 - (a) mixing cold/hot elastic powder
 - (b) adding water and molding
 - (c) heated and transformed
 - (d) edible instantly or sale in package
 - (e) processing and molding the materials
 - (f) cooking and eating the products
- 2. Method for manufacturing cold/hot elastic gel as claimed in claim 1, wherein the materials at least include synthesized vegetal glue, high order starch and water.
- 3. Method for manufacturing cold/hot elastic gel as claimed in claim 1, wherein the synthesized vegetal glue and high order starch are mixed at a ratio of about 1: 2 in which the synthesized vegetal glue is 35% of the mixture, while the high order starch is 65% of the mixture.
- 4. Method for manufacturing cold/hot elastic gel as claimed in claim

1, wherein the heating solution of the materials is heated to about $85^{\circ}\!\text{C}\text{.}$